



# Freshwater & Yarmouth C.E. Primary

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

<http://fosay.co.uk>

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

RESPECT • RESILIENCE • RELATIONSHIPS

## Attendance Matters



# ATTENDANCE

## WHY IS IT IMPORTANT?

### ABSENCE FROM SCHOOL

Children are required by law to attend school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons



89% & Below  
Drastic effect on  
academic achievement

95%-90%  
Cause for  
concern

100%-96%  
Excellent

## Attendance

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

**Attendance is affected if a pupil is not present at school for any whole session including registration.**

**Attendance Target**

**100%**

**Attendance Last week**

**95.11%**

**Attendance This Year**

**94.32%**

## Important Information

### Dates for your Diary

- Friday 15<sup>th</sup> November** – Coast Class Sharing Assembly
- Friday 15<sup>th</sup> November** - Children in Need
- Wednesday 20<sup>th</sup> November** – Community Connector Drop in with Adam tucker 9am-12pm
- Thursday 21<sup>st</sup> November** – Parent Forum
- Friday 29<sup>th</sup> November** - River Class Sharing Assembly
- Friday 6<sup>th</sup> December** – Christmas Fair Mufti Day
- Wednesday 11<sup>th</sup> December** – Early Years/KS1 Nativity - 9.30am and 1.45pm
- Thursday 12<sup>th</sup> December** – Early Years/KS1 Nativity – 9.30am
- Friday 13<sup>th</sup> December** – Christingle Service
- Tuesday 17<sup>th</sup> December** - Christmas Dinner and Jumper Day
- Wednesday 18<sup>th</sup> December** – Christmas Fair – more details to follow
- Friday 20<sup>th</sup> December** – Christmas Worship
- Friday 20<sup>th</sup> December** – Last day of school before Christmas
- Monday 6<sup>th</sup> January** – Return to school

### Menu for the week ahead

#### Week 3

**Monday** – Cheese and Tomato Pizza or BBQ Quorn Fillet

Chocolate Brownie with Orange Slice

**Tuesday** – Pork Sausages or Quorn Sausages

Bread and Butter Pudding with Custard

**Wednesday** – Roast Chicken or Roasted Vegetable and Cranberry Slice

Oat Cookie with Fruit

**Thursday** – Chicken and Vegetable Korma or Tomato and Sweetcorn Pasta

Lemon Shortbread

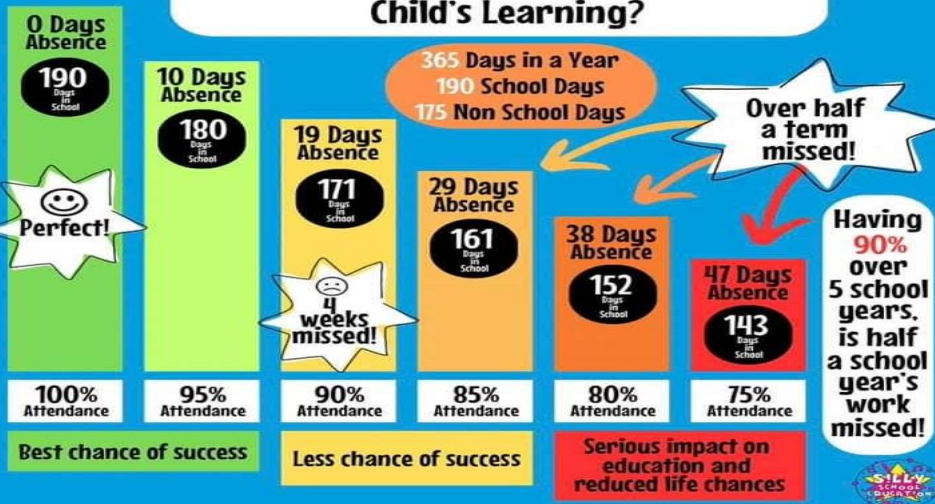
**Friday** – Fish Fingers or Cheese and Sweetcorn Omelette

Vanilla Ice Cream

**Jacket potatoes and pasta are available every day.**

**Baguettes are available on Tuesdays and Thursdays**

### How Does School Attendance Affect a Child's Learning?



'Look at the stars on a cold clear night. Each one, everyone is known by God. Look up at the clouds dark over the hills, feel the rain splash. Every drop is a gift from God'

Psalm 147

# Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

## Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.



**RESPECT**



**RESILIENCE**



**RELATIONSHIPS**

## Attendance

We prioritise the attendance of all children at our school and recognise the very strong link between attendance and academic success,

When you register your child at our school, you have a legal duty to ensure that your child attends every day that the school is open except in a small number of circumstances such as being too ill to attend or being given permission for an absence in advance (not holidays).

We will work together to help overcome any attendance issues.



# The Conscious Community

**What is the conscious community?**  
Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

**Conscious = Aware**

**Community = All together**

**How do I make sure I am part of this?**

By thinking about both your actions/feelings and the actions/feelings of others through 3 important values:

### Respect

- Celebrate your skills and talents
- Recognise what makes you great
- Be proud of what you achieve
- Celebrate other people's skills and talents
- Recognise what makes other people great
- Be proud of what other people achieve

### Resilience

- Making mistakes are great
- It's how we grow
- It is important we always respect them and learn from them
- Ask yourself these questions about your actions or the actions of others...
  - Why do I/they feel this way?
  - Did I/they handle that situation in the best possible way?
  - What could I/they do to improve the situation?
  - Did I/they do the best I/they could?
  - What can we learn from this situation?
  - How can we move forward positively?

### Relationships

*Show a good understanding of yourself and others by knowing what inspires you both, what you want, your beliefs, your needs and what can cause you and them to feel a certain way.*

*In situations ask yourself and others...*

- What is my/their point of view?
- What are my/their reasons?
- How am I/they feeling?
- What am I/they bringing to this situation?

## In a conscious community...

We are open

We ask questions

We are honest

We speak up

We listen

We respect privacy

## Wellbeing

We acknowledge that mental health and wellbeing is of central importance and intrinsic to our lives.

We believe having a mentally healthy community is about being able to work together through any challenges and that everyone is feeling supported, heard, accepted, valued and empowered.

It is of paramount importance that if there is anything you feel is affecting your child's wellbeing or educational experience that you get in contact with us.

## Christmas Dinner Day

Our Christmas dinner will be on Tuesday 17th December. If you would like your child to have a Christmas dinner, please book in via Scopay before Friday 6th December. We will not be able to take anymore bookings after this date.

There will be no option of jacket potato or pasta on this day. Please provide your child with a packed lunch if they are not having the main meal.

If you have any queries, please contact the school office

## Football Round up

The girls U11's football team travelled to Cowes Primary in a league fixture recently. For some of the girls it was their first ever match. In the first half Nina showed that she was a confident player, who plays for the Wight Eagles, as she scored 6 goals.....all followed by a forward roll celebration! Scarlett scored her first ever goal in an excellent 7-1 win!

Great performance by all the girls.

**Well done everyone!**

## Children in Need

We will be taking part in Children in Need on Friday 15<sup>th</sup> November. Your child may come to school wearing something spotty/mufti for a small donation

## Thank you from the Foodbank

A big thank you to everybody who donated food and toiletries for the Isle of Wight Foodbank during our Harvest Festival.

We donated 91.6KG of food



## Lost Property

Please could parents/carers ensure all clothing is clearly labelled. We have a growing amount of lost property without names. Thank you

## Mr Westhorpe's joke of the week

If you are here for the yodeling club please form an orderly, orderly, orderly queue!!



## LAST WEEK'S GOLD AWARD WINNERS WERE:

**Beach Class:** Ethan, Winter, Ava, Oliver and William

**Cove Class:** Henry, Amelia, Eli and Teddy

**Bay Class:** Archie, Lucas and Vinnie

**River Class:** Alaina, Ella and Charlie

**Coast Class:** Kai, Freddie and Mia

**Solent Class:** Gia, Lennon and Annaleigha

**Ocean Class:** Ethan, Olly and Finley



### Class Attendance last week

Well done to **Bay Class** for receiving 98.97% attendance for last week

Well done everyone!



### Birthdays

11<sup>th</sup> Nov - 17<sup>th</sup> Nov

**Ruby-Mai**

**Amelia**

Happy birthday to you!

### Outdoor learning Golden Welly

Well done to **Callum** for winning the outdoor learning golden welly award last week.

Keep up the good work!



### Sports Tokens

**Osbourne - 12**

**Lifeboat - 39**

**Needles - 20**

**Lighthouse - 25**

Well done to **Lifeboat** for collecting the most tokens this week.

Well done!

## Little Stars Pre School

With children spotting poppies on display throughout the community we took the opportunity to learn what the poppies signify.

A short CBeebies animation provided a great little explanation about the poppies and led to the children creating their own poppy field pictures.

To support the poppy appeal the children popped some pennies in the pot and donated funds to the charity, choosing themselves a poppy to wear for Remembrance Day.

With their poppy pictures in hand the children visited the church to look at the war memorial and all the poppy wreaths that had been laid. There were so many poppies throughout the church and grounds which generated lots of conversations in reflection to the Remembrance Day animation we had watched.

Other things we have been up too: sending bubble rockets zooming into the sky, mixing up gloopy slime that looked like strawberry milkshake, building dens, making polar bears and lots more.



## School Details

Email – [yarmouth@fosay.co.uk](mailto:yarmouth@fosay.co.uk)

Phone – 01983 7603456

Website – [fosay.co.uk](http://fosay.co.uk)



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<https://snerval.mymusicstaff.com/>

## WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

At the National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## 10 Top Tips for Parents and Educators

# TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

### 1 CONSIDER CYCLE TRAINING

Courses like *Sikability* are extremely useful, and training in general has come a long way since cycling proficiency began; there are *Sikability* courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

### 2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

### 3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

### 4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can often teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

### 5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

### 6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

### 7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately 2 metres out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

### 8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

### 9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you!

### 10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

### Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/teaching-cycle-safety>

[@wake\\_up\\_weds](https://twitter.com/wake_up_weds)

[www.thenationalcollege.com](https://www.thenationalcollege.com)

[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)

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- ◆ Face painting

- ◆ Cowes Maritime Museum
- ◆ Dinosaur Expeditions
- ◆ IW Bus and Coach Museum
- ◆ IW Council Heritage Service
- ◆ IW Metal Detecting Club
- ◆ Dimbola Museum
- ◆ Dinosaur Isle Museum
- ◆ Museum of Island History
- ◆ Newport Roman Villa
- ◆ Wight Coast Fossils

Meet Natural History Museum fossil mammal expert Dr Jerry Hooker

- ◆ 10am to 4pm
- ◆ Saturday 16 November
- ◆ Sunday 17 November
- ◆ £1 per person
- ◆ Free parking
- ◆ Last admission 3pm

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Event organised by Isle of Wight Heritage Service

Southampton and Isle of Wight Music



## STRING GROUP

For complete beginners or those who have just started learning to play the violin, viola, cello or double bass



Saturdays during term time  
 Starting 16 November 2024

**11.00 – 12.00pm**

At Music Craft

98 High Street, Newport, PO30 1BQ  
 Termly membership £40

For further information and to sign up please contact us using the details below  
[music@iowmusic.org](mailto:music@iowmusic.org)  
 023 8083 3648



[siowmusic.org](http://siowmusic.org)  
[music@siowmusic.org](mailto:music@siowmusic.org)  
 023 8083 3648

## ADULT COMMUNITY LEARNING

ALL COURSES ARE FOR ADULTS 19+



For further information or to book a place on any /all of these sessions please contact:  
[info@thecrossley.co.uk](mailto:info@thecrossley.co.uk) or phone 01983 861164 to get a joining pack

# 90 Minutes to Family Calm Series

Join our **FREE** (fully funded) online classes! – Join one or join them all....



**BRAIN TRAINING FOR CALM** – 7th Nov

**TAMING THE EMOTIONS MONSTER** – 14th Nov

**SENSIBLE ABOUT OUR SENSES** – 21st Nov

**BUCKET FILLING FOR SELF-ESTEEM** – 28th Nov

**RELAXING OUR KIDS** – 5th Dec



Autumn Term 2024  
 7th Nov—5th Dec  
 Thursday evenings  
 6:00-7:30PM

Booking & enrolment required to secure a place on any or all these sessions.  
 \*enrolment required **just once** (for any number of sessions) per academic year







# WREATH MAKING WORKSHOP

for the benefit of  
FRESHWATER AND YARMOUTH PRIMARY SCHOOL PTA  
& ALL SAINTS CHURCH, FRESHWATER

December 6th 7-9pm  
£10 per adult to include  
workshop, mulled wine/hot  
drink, nibbles and cake!

Followed by carols at the Red Lion  
Pub from 9pm.

December 7th 10am-  
12Noon for families  
£10 per child (free adult)  
to include workshop,  
juice/hot drink and cake!

All Saints Church, Church Place, Freshwater

Tickets available from Eventbrite, the school office or by  
e-mailing [Freshwaterevents@outlook.com](mailto:Freshwaterevents@outlook.com)



# COFFEE MORNINGS FOR PARENTS/CARERS OF AUTISTIC CHILDREN

As part of the RAISE project (Respecting Autistic Identity  
in Schools and Education)

Are you a parent / carer of an autistic child  
or young person?

Come along for a chat, share experiences,  
support one another.

Meet:  
& Parents Voice representative  
Dora - Youth Trust practitioner

No Diagnosis  
Required

Monday 18th November  
10 til 11:30am

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Parents Voice Isle of Wight

The Island's Parent Carer Forum Registered Charity No: 1195733

