



Freshwater & Yarmouth C.E. Primary

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

<http://fosay.co.uk>

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

RESPECT • RESILIENCE • RELATIONSHIPS

Attendance Matters



ATTENDANCE

WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL

Children are required by law to attend school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons



89% & Below
Drastic effect on academic achievement

95%-90%
Cause for concern

100%-96%
Excellent

Attendance

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.
Attendance is affected if a pupil is not present at school for any whole session including registration.

Attendance Target 100%

Attendance for Last week 94.38%

Attendance This Year 93.11%

Important Information

Dates for your Diary

Friday 17th January – Bay class Sharing Assembly

Tuesday 28th January – Parent Forum

Friday 31st January - Cove Class Sharing Assembly

Wednesday 29th January – Community Connector Drop in Service with Adam Tucker 9am-12pm

Wednesday 5th February – Muffin Day in aid of Arlo Lambie

Friday 7th February – Coast Class to Brading Roman Villa

Tuesday 11th February – Valentines Disco

Friday 14th February – Beach Class Sharing Assembly

Friday 14th February – Last day of term

Monday 24th February – Back to School

Menu for the week ahead

Week 1

Monday – Macaroni Cheese or Cheesy Bean Burrito

Flapjack with Fruit

Tuesday – Classic Beef Burger or Quorn Burger

Apple Crumble and Custard

Wednesday – Roast Gammon or Roast Quorn

Strawberry Frozen yoghurt

Thursday – BBQ Chicken Pizza or Cheese and Tomato Pizza

Raspberry Jelly

Friday – Fish fingers or Veggie Fingers

Chocolate Brownie

Jacket potatoes and pasta are available every day.

Baguettes are available on Tuesdays and Thursdays

Upcoming Sports Fixtures

Wednesday 22nd Jan - U11's Basketball tournament at WWSC

Wednesday 29th Jan - U11's Football v Wootton

Thursday 30th Jan – U11's Girls football v Brighstone

Monday 3rd Feb – Indoor cricket competition at Ventnor Cricket Club

Thursday 6th Feb – U11's Football v Northwood (away)

Development Days

Our last remaining development days will be on

Monday 2nd June

Monday 28th July

Tuesday 29th July

School will be closed on these days

‘But the Lord stood with me
and gave me strength’

-2 Timothy 4:17

Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.



RESPECT



RESILIENCE




RELATIONSHIPS

Attendance

We prioritise the attendance of all children at our school and recognise the very strong link between attendance and academic success,

When you register your child at our school, you have a legal duty to ensure that your child attends every day that the school is open except in a small number of circumstances such as being too ill to attend or being given permission for an absence in advance (not holidays).

We will work together to help overcome any attendance issues.



The Conscious Community

What is the conscious community?
Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware

Community = All together

How do I make sure I am part of this?

By thinking about both your actions/feelings and the actions/feelings of others through 3 important values:

Respect

- Celebrate your skills and talents
- Recognise what makes you great
- Be proud of what you achieve
- Celebrate other people's skills and talents
- Recognise what makes other people great
- Be proud of what other people achieve

Resilience

- Making mistakes are great
- It's how we grow
- It is important we always respect them and learn from them
- Ask yourself these questions about your actions or the actions of others...
 - Why do I/they feel this way?
 - Did I/they handle that situation in the best possible way?
 - What could I/they do to improve the situation?
 - Did I/they do the best I/they could?
 - What can we learn from this situation?
 - How can we move forward positively?

Relationships

Show a good understanding of yourself and others by knowing what inspires you both, what you want, your beliefs, your needs and what can cause you and them to feel a certain way.

In situations ask yourself and others...

- What is my/their point of view?
- What are my/their reasons?
- How am I/they feeling?
- What am I/they bringing to this situation?

In a conscious community...

We are open

We ask questions

We are honest

We speak up

We listen

We respect privacy

Wellbeing

We acknowledge that mental health and wellbeing is of central importance and intrinsic to our lives.

We believe having a mentally healthy community is about being able to work together through any challenges and that everyone is feeling supported, heard, accepted, valued and empowered.

It is of paramount importance that if there is anything you feel is affecting your child's wellbeing or educational experience that you get in contact with us.

Uniform

Please can we remind you of our uniform and PE policy

PE

A pair of named trainers, black PE shorts and a royal blue PE t-shirt either with or without the school logo. For winter children have the option of wearing black/dark blue tracksuit bottoms and a crew neck sweater. Earrings should not be worn on PE days.

Uniform

White polo shirt (either with or without the school logo)

Grey trousers/skirt/skort/shorts/pinafore (black jogging bottoms are acceptable uniform for Reception class).

Royal blue jumper/cardigan (either with or without the school logo)

Black shoes or plain black trainers (no colour)

Royal blue gingham sundress

Muffi Day

Isle of Wight schools are joining together for a muffi day to raise vital funds for Arlo, a 16 year old from Cowes, who has an aggressive, grade 4 brain tumour.

Some friends of Arlo came up with the idea to get all schools to unite together in muffi to support his cause. Arlo would like this day to be themed as "Wear what makes you happy".

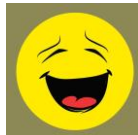
Arlo was diagnosed in October, he had brain surgery to remove as much as possible and he's now having daily radiotherapy and chemotherapy. He lives on the Island and goes over to Southampton every day for treatment.

Some of the best treatments available for Arlo's condition unfortunately are not covered by the NHS and cost upwards of £10,000 per month. His parents have launched an appeal reaching out for support to help us cover the significant burden of his medical expenses and treatment

We will be joining in with the Muffi day on Wednesday 5th February

Mr Westhorpe's joke of the week

I once had a conversation with a dolphin
We just clicked!



Earrings

Please can we remind you that if your child wears earrings to school they can only wear small plain studs and where possible taken out for PE. If this is not an option, then the earrings will need to be taped up during their PE session.



LAST WEEK'S GOLD AWARD WINNERS WERE:

Beach Class: Jasper, Tobias, Archie, George and Iliya

Cove Class: Kara, Jason and Thea Cr

Bay Class: Archie, Oliver, Aria and Alfie

River Class: Lola, Savannah, Grace, Michael and William

Coast Class: Freddie, Barnabas and Arya

Solent Class: Annaleigha, Olivia and Rufus

Ocean Class: Mollie, Eli and Jake



Class Attendance last week

Well done to
Cove Class for
receiving **99.52%**
attendance for
last week

Well done
everyone!



Birthdays

13th Jan – 19th Jan

Arabella Vera

Millie

Winter

George H

**Happy birthday to
you!**

Outdoor learning Golden Welly

Well done to **Kassi-Ann** for winning the
outdoor learning
golden welly award
last week.

Keep up the good
work!



Sports Tokens

Osbourne - 30

Lifeboat - 36

Needles - 22

Lighthouse - 31

Well done to
Lifeboat for
collecting the most
tokens this week.

Well done!

What have Little Stars Pre School been up to!

Our first week back has been full of smiles with everyone enjoying being back together again. This has been the perfect time to celebrate friendships and people who are special to us.

After sharing a story about The Rainbow fish, the children explored craft items to make their own, talking about who they would give their shiny scales to!

The children talked about what they think makes a good friend. Being kind, helping people, sharing because sharing is caring were just a few of their answers.

Alongside 'The Rainbow fish' the children shared another story about friendships called 'Sharing a shell', if you ask them I'm sure they'll tell you about it.

With a little 'under the sea' theme emerging, this influenced a lot of the children's play this week. Making rainbow fish, singing tiny Tim and creating own turtles, exploring cockle shells, whisking up coloured foam, catching fish, under the sea tin foil painting, rainbow rice, looking at different sea creatures and habitats and lots more.



School Details

Email – yarmouth@fosay.co.uk

Phone – 01983 7603456

Website – fosay.co.uk



WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

Central Discos

"Entertainment that hits the target every time"

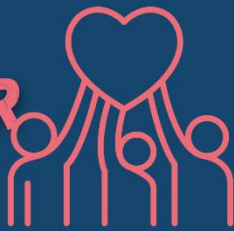
State of the art lighting effects
Full Public Liability Insurance
All events covered
Wedding Specialists

Tel: 01983 754050

www.centraldiscos.net

Freshwater Parish Council

WHAT DOES FRESHWATER MEAN TO YOU?



Come and see art work by the EYFS,

KS1 and KS2 Children

Public Consultation Saturday 25th January 2025

11am to 19.00 at Freshwater Memorial Hall.

Working in collaboration with Freshwater and

Yarmouth Primary School



What Parents & Educators Need to Know about TIKTOK

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT
While TikTok's following feed only displays videos from familiar creators, for you is a collection based on a user's previously watched clips. Most of these videos will probably be innocuous, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

CONTACT WITH STRANGERS
With more than 1.5 billion users globally, the potential for contact with strangers on TikTok is high – especially as accounts created by over-18s (or young people using a false date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

MISINFORMATION AND RADICALISATION
Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN
With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app; that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skipable nature of bite-size videos may also impact children's ability to maintain focus.

Body Image and Dangerous Challenges
According to Ofcom, most online harms for teens are body image related (for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

IN-APP SPENDING
TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £3.99 to an eye-watering £99, while that may not sound appealing, the app still generated £1.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

Advice for Parents & Educators

ENABLE FAMILY PAIRING
Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

DISCUSS THE DANGERS
If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

READ THE SIGNS
If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert
Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechCrunch, Tom's Guide, The Evening Standard and The New Statesman.

#WakeUpWednesday The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>

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Thursday
20th Feb
19:00 - 20:00
FREE



FREE SESSION
Supporting Healthy Screen Use
A range of steps that can help minimise the harms from screens

Monday
3rd Feb
10:00 - 11:30
£24



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
11th Feb
19:00 - 20:30
£24



Facing Defiance
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday
18th Feb
19:00 - 20:30
£24



Cannabis & Ketamine Awareness
Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday
25th Feb
19:00 - 20:30
£24



Understanding the Teenage Brain
A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

Southampton and Isle of Wight Music



String Workshops
For Grade 2 standard and above String Players



Saturdays 18/1, 1/2, 8/3, 10/5, 14/6

10.00 – 12.00am

At Osborne House
York Avenue, East Cowes, PO32 6JT
Cost for all sessions £30

For further information please contact
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023 8083 3648



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