





Foodbank cafe opening hours

 Cowes MON : 1PM - 3PM WED / FRI : 10AM - 12PM The Foodbank Centre Love Lane, Cowes PO31 7ET	 The Bay TUES : 9:30AM - 11:30AM THUR : 4:30PM - 6PM The Chapel Winchester House Sandown Road, Shanklin PO37 6HU	 Newport WED / FRI : 2PM - 4PM St. John's Church Hall St. John's Road, Newport PO30 1LN
 Freshwater TUES : 3PM - 5PM Freshwater Methodist Church 2 Brookside Road, Freshwater PO40 9AN	 Ryde TUES / THUR : 10AM - 12PM Grace Church Marlborough Road, Ryde PO33 1AE	

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