

# ALLERGY AWARE MEAT

### **SPRING/SUMMER 2025**

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains **FISH**, **SOYA & SULPHITES**.

If a pupil has a food allergy or intolerance to <u>FISH, SOYA OR SULPHITES</u> they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED** 

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.

### SPRING/SUMMER 2025 MENU



# ALLERGY AWARE MEAT WEEK 1

#### STOP AND THINK!

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DISHES	MAIN DISH	SD Vegan Cheese & Tomato Pizza 93174975 with Potato Wedges 93156646	BBQ Chicken 93278107 with Rainbow Rice 93276731	Roast Pork 93173431 with Roast Potatoes 93035127 and Gravy 93034775	SD Chicken Burger 93170396 with Potato Wedges 93156646	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525	
нот р	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO					
F	PASTA	SD Tomato Pasta CONTAINS SOYA 93171286					
	VEG	All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR					
	DESSERT	SD Chocolate Brownie CONTAINS SULPHITES 93196787	Fruits of the Forest Jelly 93290904	Sliced Fresh Banana 93041625 with SD Coconut Yoghurt 93200113	<b>SD Frozen Smoothie</b> 93166797 / 93166798	SD Cookie CONTAINS GF OATS 93290178 with Fruit 93040542	

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/93065473/93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL



### SPRING/SUMMER 2025 MENU



# ALLERGY AWARE MEAT WEEK 2

#### STOP AND THINK!

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DISHES	MAIN DISH	SD Macaroni Cheese CONTAINS SOYA & GF OATS 93180465	SD BBQ Chicken Pizza 93315910 with Potato Wedges 93156646	Roast Gammon 93173553 with Roast Potatoes 93035127 and Gravy 93034775	Beef Bolognese CONTAINS SOYA & GF BARLEY MALT EXTRACT 93300541 with SD Pasta CONTAINS SOYA 93163235	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525	
нот р	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO					
	PASTA	SD Tomato Pasta CONTAINS SOYA 93171286					
	VEG	All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR					
	DESSERT	SD Apple and Cinnamon Sponge CONTAINS SULPHITES 93289524	<b>Strawberry Jelly</b> 93290175	SD Flapjack CONTAINS GF OATS 93165520 with Fruit 93040542	<b>SD Frozen Smoothie</b> 93166797 / 93166798	SD Lemon Drizzle Sponge CONTAINS SULPHITES 93219994	

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/93065473/93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL



### SPRING/SUMMER 2025 MENU



# ALLERGY AWARE MEAT WEEK 3

#### STOP AND THINK!

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DISHES	MAIN DISH	SD Vegan Cheese & Tomato Pizza 93174975 with Potato Wedges 93156646	IOW Pork Sausages CONTAINS SULPHITES 93245857 In SD Bread Roll 93166884 with Potato Wedges 93156646	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	SD Chicken and Broccoli Pasta Bake CONTAINS SOYA & GF OATS 93282240 NO GARLIC & HERB BREAD	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525	
HOT D	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO					
	PASTA	SD Tomato Pasta CONTAINS SOYA 93171286					
	All main meals are served with two vegetables.  NO COLESLAW, MIXED SALAD OR SALAD BAR						
	DESSERT	SD Flapjack CONTAINS GF OATS 93165520 with Fruit 93040542	SD Lemon Drizzle Sponge CONTAINS SULPHITES 93219994	SD Cookie CONTAINS GF OATS 93290178 with Fruit 93040542	<b>SD Frozen Smoothie</b> 93166797 / 93166798	<b>SD Shortbread</b> 93221990	

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/93065473/93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL

