



The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

www.fosay.co.uk

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

Attendance

Target – 100 %

This week – 90.3%

This Year – 94.9%

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.



Dates for your Diary

Friday 10th July – Year R Sharing

Tuesday 14th July – Leavers Play TBC

Wednesday 15th July – Sports Morning & Summer Fayre

Sunday 19th July – Yarmouth Pier 150th Celebrations

Wednesday 22nd July – EYFS Picnic @ Freshwater & Yarmouth School

Friday 24th July – Leavers Worship 9am

Friday 24th July – Last Day of Term finishing at 1.30pm more details to follow

Tuesday 1st & Wednesday 2nd September – School Closed – Development Days

Return to School after Summer holidays Thursday 3rd September

Menu

Week 1 13/7/26

Monday – Cheese & Tomato Pizza or BBQ Vegetable Wrap

Chocolate Brownie

Tuesday – Beef Bolognese or Vegetarian Bolognese

Oat Cookie

Wednesday – Roast Chicken or BBQ Quorn

Strawberry Shortcake Mousse

Thursday – IOW Pork Sausages or Macaroni Cheese

Vanilla Slice

Friday – Fish Fingers or Quorn Dippers

Chocolate Ice Cream

Jacket potatoes and pasta are available every day.

Baguettes are available on Tuesdays and Thursdays

Weather

As the weather is becoming warmer, please ensure your child/children come to school with a sun hat and have sun cream applied before arrival

School Details

Email – shalfleet@fosay.co.uk

Phone – 01983 760269

Website – fosay.co.uk

'My help comes from the Lord, the maker of heaven and earth'

Psalm 121:2

Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Our Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.

The Conscious Community

Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware

Community = All together



RESPECT



RESILIENCE



RELATIONSHIPS

Dear Parents/Carers,

We have had an increasing number of parents who arrive at school to speak to a member of staff without an appointment. This inevitably causes some upset if the member of staff is unavailable due to other commitments. To avoid this, please call school ahead of any visit to arrange a meeting. Our support/pastoral staff have multiple meetings and commitments every day; whilst they always do their level best to accommodate you, they do need advance notice of any visits or meetings.

We also understand that sometimes emergencies happen that can delay you from collecting your child at the end of their school day.



Gold Awards for this week are:



Reception Class: Whole Class

Year 1: Astrid, Tiffany

Year 2: Eliza, Archie

Year 3: Edward, Noa, Jamie

Year 4: Ralph, Reggie, Jonny, Logan

Year 5: Sienna, Oliver, Lilly-Mae, Gwyn, Layla, Meadow, Mikey

Year 6: Whole Class



School Choir & Singers Needed – Pier 150th Anniversary!

We're thrilled that our federation has been invited to open the celebrations for the Pier's 150th Anniversary!

 **Sunday 19th July**

 **Yarmouth Pier – Picnic on the Pier**

 **15-minute performance of sea-themed songs (time TBC)**

This is a fantastic opportunity for our children to represent the school and help celebrate this special community event.

Holiday Club

From May half term onwards, the holiday club hourly rate will increase to **£5.50 per hour**. This increase helps us cover rising staffing costs and continue providing a high-quality provision for the children. Thank you for your understanding and cooperation.

Class Attendance last week

Well done to **Year 2** for receiving 100% **attendance** for last week.

Well done everyone!



Birthdays

27th June – 12th July

Ashton Margot D Milo B

Poppy P Gregory S

Happy birthday to you!

Sports Tokens

Osbourne - 24

Lifeboat - 25

Needles - 24

Lighthouse - 22

Well done to **Lifeboat** for collecting the most tokens this week.

Well done!

WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

Central Discos

"Entertainment that hits the target every time"

State of the art lighting effects

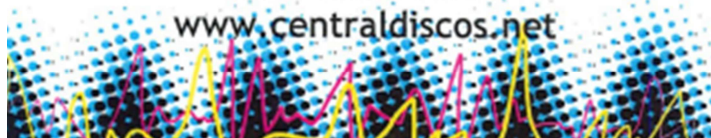
Full Public Liability Insurance

All events covered

Wedding Specialists

Tel: 01983 754050

www.centraldiscos.net



ARE YOU A WINNER?

Every Thursday, check under your plate for a winner sticker!

1. Clear your plate
2. Check if you have a sticker
3. If you do, show a member of kitchen staff
4. Collect your prize

Chartwells

Good luck!



24 APPS PARENTS NEED TO KNOW ABOUT

This list is not exhaustive, and will be updated each year to reflect new risks and dangers

THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)



FACEBOOK



FACEBOOK allows you to connect with others and share comments, photos and videos. You can add friends, write on people's pages and posts, join groups and play games.

SNAPCHAT



SNAPCHAT is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.

INSTAGRAM



INSTAGRAM Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.

WHATSAPP



WHATSAPP allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.

KIDSCHAT



KIDSCHAT.NET is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.

SKYPE



SKYPE is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.

WHISPER



WHISPER is an anonymous social media app that promotes sharing personal secrets with strangers, (new people). It reveals a users location so people can meet up

CALCULATOR %



CALCULATOR % is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.

HOT ON NOT



HOT ON NOT Strangers rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.

ASK.FM



ASK.FM An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying cases.

YUBO



YUBO Similar to Tinder, the app is designed to allow teens to flirt with each other.

KIK MESSAGING Kik



KIK MESSAGING Kik is a messaging app that allows content normally filtered on a home computer.

BURN BOOK



BURN BOOK Anonymous rumours can be posted about people through audio messages, texts and photos.

WISHBONE



WISHBONE This app allows users to compare kids and rate them on a scale.

GRINDR



GRINDR Is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPSS location.

SKOUT



SKOUT is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

MEET ME



MEET ME Is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.

TIK TOK



TIK TOK Is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.

TELLOYMN



TELLOYMN anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.

Zoomerang



Zoomerang Is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.

BUMBLE



BUMBLE is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

FACEBOOK MESSENGER



FACEBOOK MESSENGER is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to end encryption will make it even more unsafe.

BADOO



BADOO is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

OMEGLE



OMEGLE is a video chat website where users are matched randomly with strangers.

#CHILDAUSEHELP
CHILD ABUSE RESOURCES
WWW.CHILDAUSEHELP.ORG.UK

NSPCC HELPLINE
0800 800 5000

NNECA
NATIONAL NETWORK TO END CHILD ABUSE
WWW.NNECA.ORG.UK



Healthy Lunchboxes & Nut-Free Reminder

We love seeing the variety of lunch boxes that come into school each day and we really appreciate the care you take in preparing them. A healthy, balanced lunch helps children stay focused, energised and ready to learn throughout the afternoon.

We encourage lunchboxes to include a mix of foods such as fruit or vegetables, whole grain options and healthy snacks, while keeping sugary treats to a minimum. These small choices can make a big difference to your child's wellbeing.

We would also like to remind everyone that we are a **nut-free school**. This helps us keep all children safe, particularly those with severe allergies. Please check labels carefully and avoid sending any products that contain nuts or nut traces.

If you would like some healthy ideas, please do visit the link below 'Lunch boxes don't have to be stressful'

<https://simplyveg.vegpower.org.uk/your-food/love-your-lunchbox/>

Thank you for your continued support and cooperation. Together, we can promote healthy habits and maintain a safe, caring environment for all our children.

Universal Free School Meals – Years R, 1 and 2

All children in Reception, Year 1 and Year 2 are entitled to a Universal Free School Meal every school day. This government-funded offer means your child can enjoy a nutritious, freshly prepared lunch at no cost to families.

[\[iow.gov.uk\]](http://iow.gov.uk), [\[gov.uk\]](http://gov.uk)

Our school meals are provided by Chartwells, who specialise in creating nutritious, appetising meals that children enjoy, while meeting national nutritional guidelines. Each day, children can choose from:

- A main hot meal
- A vegetarian option
- A pasta dish

All meals are served with a pudding and a choice of water or milk. On Tuesdays and Thursdays, there is also a popular baguette option available, giving children even more choice and variety at lunchtime.

Universal Free School Meals are a great opportunity for children to try new foods, enjoy a balanced meal and eat together with their friends in a positive, social setting.

Important Reminder – Applying for Free School Meals (FSM)

Although all children in Years R–2 receive a free meal automatically, **parents should still apply for Free School Meals if they think they may be eligible**. The rules for applying have recently been updated, and registering can help the school access additional funding to support pupils (Pupil Premium). [\[iow.gov.uk\]](http://iow.gov.uk)

If you are unsure whether you qualify, we strongly encourage you to apply – it could make a real difference.

Thank you for your continued support in helping us provide healthy, enjoyable meals for all our children.

Additional Support Courses for Parents

Three new courses offered by Face, separate from the school membership.

Full access to all three courses for £6.99/month

Complete at your own pace, cancel anytime.



Building Emotional Resilience

Work through six stages of directed exercises to help your child (and yourself) improve emotional resilience.



Facing Defiance

A specific strategy aimed at supporting parents of children aged 5 to 12 with ADHD, ODD or just very challenging behaviour.



You & Your Teen

A skills building course for one parent and one teen (12 years old and above) to learn how they can both improve their communication with each other.

www.facefamilyadvice.co.uk

Online Courses for Parents page

info@facefamilyadvice.co.uk



Parent and Caregiver Peer Support Sessions

11th June 2026 (9am – 11am) Cowes Family Centre

16th July 2026 (9am – 11am) Carisbrook & Gunville Church

16th September 2026 (9am – 11am) Ventnor Family Centre

16th October 2026 (9am – 11am) Sandown Family Centre

18th November 2026 (9am – 11am) Carisbrook & Gunville Church

13th January 2027 (9am – 11am) Carisbrook & Gunville Church

10th February 2027 (9am – 11am) Carisbrook & Gunville Church

Isle of Wight
Neurodiversity
Team

Drop in for a chat, a cuppa and shared experiences

No booking needed

Cowes Family Centre –
Love Lane, Cowes PO31 7ET
Carisbrook & Gunville Church
Gunville Road, Newport
PO30 5LS
Ventnor Family Centre
Albert Street, Ventnor PO38 1EZ
Sandown Family Centre
The Fairway, Sandown PO36 9EQ

PSSC
Premier School Sport Coaching

Summer SPORTS CAMP

24, 25, 26, 27, 28 AUGUST
AT LANESEND PRIMARY SCHOOL
9AM – 3PM EACH DAY

HOLIDAY
ACTIVITIES



FOOTBALL



BASKETBALL



CRICKET

Cost: £FREE

(If on income related Free School meals)
Funded by the Department of Education
- LUNCH AND SNACKS PROVIDED!!!
OR

£15 per day

Each day will be a mixture of activities including Dodgeball, Tennis, Football, Basketball, and Handball. Children will be coached in the fundamental aspects of these sports through a variety of team and individual challenges.

For more information:

Email Andy Day –
pssc1td@gmail.com or
phone/text 07970009509

Booking is ESSENTIAL –
Sign up today via the QR
code or via the link below

<https://eequ.org/book/pssc-haf-fun-sports-lanesend-primary-with-premier-school-sports-coaching-limited-23188>

Why Attend

- MULTI-SPORT TRAINING
- EXPERT COACHES
- DEDICATED RELAXATION AREA
- SKILL-BUILDING, TEAMWORK & CONFIDENCE



Supported by



**Funded by
UK Government**

PSSC Premier School Sport Coaching

Summer SPORTS CAMP

30.31 JULY
7.10.11.12.13.14.17.21 AUGUST
AT GURNARD PRIMARY SCHOOL
9AM - 3PM EACH DAY

FOR AGES 5-11

FOOTBALL **BASKETBALL** **CRICKET**

Cost: £FREE
 (if on income related Free School meals)
 Funded by the Department of Education
 - LUNCH AND SNACKS PROVIDED!!!
 OR
£15 per day

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ISLE of WIGHT COUNCIL

Funded by UK Government

<https://eequ.org/book/pssc-haf-fun-sports-lanesend-primary-with-premier-school-sports-coaching-limited-23188>



FACE August 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
 Book online at facefamilyadvice.co.uk
 Recordings available for 48 hours

School Anxiety	3 Aug 10am
Anxiety Explained	3 Aug 7pm
Facing Defiance	4 Aug 10am
Cannabis & Ketamine Awareness	4 Aug 7pm
Supporting Healthy Sleep	10 Aug 10am
Raising Self-Esteem	10 Aug 7pm
Introduction to OCD	11 Aug 10am
Decreasing Depression	11 Aug 7pm
What is ACT?	17 Aug 10am
Improving Family Communication	17 Aug 7pm
Supporting a Child with ADHD	18 Aug 10am
Understanding Addictive Behaviour	18 Aug 7pm
FREE - Raising Self-Esteem	20 Aug 7-8pm
Understanding the Teenage Brain	24 Aug 10am
Understanding Anger	24 Aug 7pm
Autism: Improving Communication	25 Aug 10am
Supporting Healthy Screen Use	25 Aug 7pm

FACE September Timetable

All regular sessions delivered live online via zoom. 90 minutes long
£24 each or FREE with School Membership
 Book online at facefamilyadvice.co.uk
 Recordings available for 48 hours

Facing Defiance	1 Sep 10am
Cannabis & Ketamine Awareness	1 Sep 7pm
Supporting Healthy Sleep	7 Sep 10am
Raising Self-Esteem	7 Sep 7pm
Introduction to OCD	8 Sep 10am
Decreasing Depression	8 Sep 7pm
What is ACT?	14 Sep 10am
Improving Family Communication	14 Sep 7pm
Supporting a Child with ADHD	15 Sep 10am
Understanding Addictive Behaviour	15 Sep 7pm
Understanding the Teenage Brain	21 Sep 10am
Understanding Anger	21 Sep 7pm
Autism: Improving Communication	22 Sep 10am
Supporting Healthy Screen Use	22 Sep 7pm
FREE - Masking Awareness	24 Sep 7-8pm
Anxiety Explained	28 Sep 10am
School Anxiety	28 Sep 7pm

SUMMER HOLIDAY FOOTBALL AT ROOKLEY



-  **FOR BOYS & GIRLS**
IN SCHOOL YEARS 2-6 ONLY
-  **MONDAY TO THURSDAY**
EACH WEEK
-  **TIMES**
8.45AM - 3PM
-  **VENUE**
ROOKLEY
-  **PRICE**
£20 PER DAY

UNLIMITED FOOTBALL IS BACK FOR £250

TO COVER ALL 20 DAYS (ASK FOR DETAILS AS NOT AVAILABLE ONLINE)
ONLY 15 SPACES FOR THIS AVAILABLE.

CONTACT "ISLE OF WIGHT COMMUNITY SPORTS COACHING
OR "THE FOOTBALL DEVELOPMENT CENTRE"
FOR MORE DETAILS.



Isle of Wight Secondary Colleges and 6th Form
2026-27 Open Day/Evening dates
(as at 1/6/2026)

School/College	Date	Time
Carisbrooke College	29 September 2026	Year 6 open evening: 5-8pm
Christ the King College	17 September 2026 11 November 2026	Year 6 open evening: 5.30-7.30pm 6 th Form open evening: 5.30-7.30pm
Cowes Enterprise College	15 th October 2026 9 November 2026 – 11 December 2026	Year 6 open evening: 5-8pm 6 th Form Open Month
Island Free School	19 October 2026	Y6 open day: 09.30-1pm Headmaster's Talks at 10am, 11am and 12noon
Medina College	22 September 2026 29 September 2026 8 October 2026 13 October 2026	Year 6 open evening: 5-8pm } Open mornings 9.30-12noon
Lift Ryde	7 October 2026 10 October 2026 18 November 2025	Y6 & Y5 Open Evening Quiet School Tours and meet the Headteacher sessions 6th Form Open Evening
Ryde School	3 October 2026	Y6 and 6 th Form Open Morning: 10-12.30pm
ST George's School	7 October 2026	Open event: tours at 1.15pm (limited spaces during the school day) Y6 and 6 th Form 3.30pm and 4.30pm Please note that the child MUST have an EHCP as an admissions criterion Please call St George's to book a place
The Bay CE School	1 October 2026	Y6 Open Evening: 5-7.30pm
The Island VI Form	12 November 2026	VI Form open evening: 5-8pm
The Isle of Wight College	17 September 2026 7 November 2026	5-7pm Open Evening 10am-1pm Open Day
The Priory School of our Lady Walsingham	n/a	Don't hold open days. Ring up to make an appointment for a show round. Tel: 861222 or email: mail@prioryschool.org.uk