



# Freshwater & Yarmouth C.E. Primary

<http://www.fosay.co.uk>

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

## Attendance

Target – 100%

This week – 80.82%

This Year – 94.8%

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.





## Dates for your Diary

**Friday 16<sup>th</sup> October** – M&M Productions Theatre Performance for the children

**Thursday 5<sup>th</sup> November** – Individual School Photos

**Friday 6<sup>th</sup> November** – Sharing Worship - Year 5

**Tuesday 10<sup>th</sup> November** – National Child Measurement Programme for Year R and Year 6

**Wednesday 11<sup>th</sup> November** – Remembrance Worship

**Friday 13<sup>th</sup> November** – Sharing Worship - Year 4

**Friday 27<sup>th</sup> November** – Sharing Worship - Year 3

**October Half Term** – Monday 19<sup>th</sup> October – Return to School  
Monday 2<sup>nd</sup> November

## HALF TERM!

We have come to the end of the first half term of the academic year, and we are approaching the two-week break. All the children have done amazing settling in to their new classes and getting to know their new teachers, so we'd like to say a big well done to all the children who attend Freshwater and Yarmouth CE Primary; we look forward to seeing you after the half term!



## School Details

**Email** – [yarmouth@fosay.co.uk](mailto:yarmouth@fosay.co.uk)

**Phone** – 01983 760345

**Website** – [fosay.co.uk](http://fosay.co.uk)



## Menu for the first week back

### Autumn Menu - Week 1

**Monday** – Cheese and Tomato Pizza or Creamy Garlic Pasta

Lemon Cookie

**Tuesday** – IOW Pork Sausages Bites or Sweet Potato & Lentil Curry

Apple Crumble

**Wednesday** – Roast Chicken or Cheese and Onion Pie

Raspberry Jelly

**Thursday** – Lasagne or vegan Meatball Baguette

Chocolate Ice Cream

**Friday** – Fish Fingers or Quorn Dippers

Chocolate Marble Cake

**Jacket potatoes and pasta are available every day.**

**Baguettes are available on Tuesdays and Thursdays**

Proverbs 17:22

"A joyful heart is good medicine"

## **Our Mission Statement**

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

## **Our Values**

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.

## **The Conscious Community**

Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

**Conscious = Aware**

**Community = All together**



**RESPECT**



**RESILIENCE**



**RELATIONSHIPS**

## **Holiday Club**

We are pleased to say we will offer a Holiday Club during half terms.

- Please note that Holiday Club can only run if we have enough children to make it financially viable.
- The cost will be £5.00 per hour until April, when this will also be reviewed.

If you would like to register for Holiday Club please ask for the forms from the Primary School Office and return them to the Little Stars Reception when complete.

**From May half term onwards, the holiday club hourly rate will increase to £5.50 per hour. This increase helps us cover rising staffing costs and continue providing a high-quality provision for the children. Thank you for your understanding and cooperation.**



### **Gold Awards for last week were:**



**Beach Class:** Matilda, Elsie L, Isobel, Amber

**Cove Class:** Colby, Skylah, Phoenix, Maddison

**Bay Class:** Ava B, Winter, Morgan, Tobias

**River Class:** Lacey, Olivia, Thea Cripps

**Coast Class:**

**Solent Class:** Bonnie, Ella, Austin

**Ocean Class:**



### **Mr Westhorpe's Golden Boot Award**

The Golden Boot this week goes to **Paddy (Year 6)**!  
**For** excellent leadership and resilience in our football matches this week!



### **Outdoor learning Golden Wellie Award**

The Golden Wellie goes to (No Golden Wellie This Week)



## Class Attendance last week

Well done to **River**  
for receiving **97.89%**  
**attendance** last week.

Well done everyone!



## Birthdays

15<sup>th</sup> October – 5<sup>th</sup>  
November

Jessica Amber

Evie Ava

Ria Maddison

Willow Ethan



## Sports Tokens

Osbourne - 27

Lifeboat - 15

Needles - 35

Lighthouse - 7

Well done to **Needles** for  
collecting the most tokens  
this week.

Well done!

## WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut  
free school.

Please do not give your child any nut containing  
products for their snack or in their lunch box.  
This includes Nutella or any other chocolate nut  
spreads and Kinder Bueno bars.

# Central Discos

"Entertainment that hits the target every time"

State of the art lighting effects

Full Public Liability Insurance

All events covered

Wedding Specialists

Tel: 01983 754050

[www.centraldiscos.net](http://www.centraldiscos.net)







## DON'T MISS OUT ON FREE SCHOOL MEALS

MORE FAMILIES THAN EVER NOW QUALIFY FOR FREE SCHOOL MEALS, EVEN IF YOU'VE CHECKED BEFORE.

- ★ If your child's eligible, they can enjoy a FREE school lunch every day, saving your family time and money by signing up
- ★ Nutritious meals help keep your child energised and focused throughout the school day
- ★ From September 2026, all Universal Credit households qualify, regardless of income
- ★ Signing up is quick and confidential, and could really make a difference to your child's day

Scan the QR code to find out more, including how to register for free school meals, or contact Chartwells at [education.csu@compass-group.co.uk](mailto:education.csu@compass-group.co.uk) or on free phone 0800 917 6818.

**DELICIOUS!**



SCAN THE CODE TO FIND OUT MORE  
AND HOW TO REGISTER



Chartwells Active





October 2026 | Primary | What parents and carers need to know about: Artificial Intelligence

## Helping children use AI safely, respectfully and responsibly

Artificial intelligence is becoming part of children's everyday lives. It can support learning and creativity, but primary-aged children still need adult guidance to understand what AI is, recognise its limits and use it in ways that protect themselves and others.

### Your child may already be using AI

Children do not need to open a dedicated AI app to encounter artificial intelligence. It may be built into search engines, homework tools, games, smart speakers, video platforms and photo-editing features. They might use it to answer questions, explain a school topic, suggest story ideas, translate words, change pictures or talk to a chatbot. Ask your child where they have encountered AI and what they think it does—they may know more about using it than about staying safe.

### What is generative AI?

Generative AI creates new content, including words, pictures, videos and music, in response to a question or instruction.

Its answers can sound confident and convincing, but they are not always accurate, appropriate or fair. AI does not think or understand things in the same way that a person does.

Children may copy an AI-generated answer without understanding it, believe inaccurate information or accidentally share personal details. AI can also be misused to create unkind or embarrassing images, pretend to be someone else or produce content that frightens or upsets another person.

What feels like a joke to one child can have a real impact on someone else's feelings, reputation and safety.

### Using AI safely

Children should never share their full name, school, address, location, passwords, photographs or private worries with an AI tool. They should use age-appropriate services with adult support and tell a trusted adult if AI produces anything upsetting, confusing or inappropriate.

### Using AI respectfully

Children should ask permission before using another person's name, photograph or voice. AI should never be used to embarrass, frighten, impersonate or be unkind to someone—even as a joke.

### Using AI responsibly

AI should help children develop their ideas, not do all their thinking for them. Children should check answers with an adult or another reliable source and explain what they have learned in their own words.



# SPOTLIGHT ON SAFEGUARDING

## AI Images: Can you trust what you see?

AI can now create photographs, videos and voices that appear convincing, even when the people or events shown are not real. Helping children question what they see online is becoming an important part of keeping them safe.

### What are AI-generated images?

Some images are created entirely by artificial intelligence, while others are genuine photographs that have been altered. AI can change someone's appearance, place them somewhere they have never been or make it look as though they have done something that never happened. These images may be created for fun or creativity, but they can also be used to mislead, embarrass or harm others.

### Where might children see them?

Children may encounter AI-generated or altered images in games, videos, social media, messaging groups, search results and photo-editing apps. They may not realise that what they are seeing has been created or changed. A realistic image is no longer proof that a person, place or event is genuine.

### Why does this matter?

AI images can be used to spread false information, play unkind jokes, bully someone or damage their reputation. Children may also create and share an altered image without fully understanding how upsetting it could be for the person involved. Once an image has been shared, it can be copied, changed and passed to others very quickly.

### Could someone be pretending to be someone else?

AI can create realistic profile pictures or alter a person's face, voice and appearance. Someone online might use these tools or a stolen photograph to pretend to be a child, a friend, a celebrity or another trusted person. Teach your child that a photograph, video or friendly message does not prove someone is who they claim to be. They should never share personal information, photographs or private messages with someone they only know online.

### Warning signs might include someone who:

- avoids answering simple questions about who they are;
- gives information that does not add up;
- asks to keep the friendship secret;
- requests photographs or personal details;
- wants to move the conversation to a private app;
- becomes demanding, upsetting or threatening.

If your child is unsure about someone, they should stop responding and show a trusted adult.

## Can you spot an AI image?

AI images are becoming increasingly difficult to identify. Sometimes there may be unusual hands, distorted objects, strange writing, inconsistent shadows or details that do not quite make sense. However, an image can still be artificial even when none of these clues are present.

Encourage your child to ask:

- Who shared this?
- Where did the image come from?
- Is it being reported anywhere reliable?
- Could it have been created or changed?
- Am I being encouraged to react or share it quickly?



## Using AI images respectfully

Creating an image with AI does not remove the need for kindness and permission. Children should not use another person's photograph, name or identity without asking them first.

Encourage your child to consider:

- Do I have permission to use this image?
- Could this embarrass or upset someone?
- Am I pretending something is real when it is not?
- Would I be happy if someone made this about me?
- What could happen if other people shared it?

Something intended as a joke can still cause real harm.

# Little Brook Bookshelf ♥

Gentle, inclusive stories for little minds & big feelings

Small  
Books  
Big  
Feelings  
♥

Kinder  
Brighter  
Braver  
You  
♥

Unique ME

I'm HERE,

Too

We Are Learning,

We Are Learning!!

TOGETHER

BIG FEELING

Different  
Feelings  
Brighter  
Tomorrows  
♥

Scan to view  
all books ♥



By local author  
Toni Lee Gale-Daw ♥

READ  
LEARN  
ACCEPT  
BELONG  
♥

## **Half-Term Fun at Dive In! Yarmouth**

Calling all pupils from Freshwater and Yarmouth Primary Schools!

We've got a fantastic family day planned at our new Dive In! centre in Yarmouth on **Saturday 31 October** — and there's a special offer just for local children!

Come along and enjoy our range of sea-themed craft activities:

**Buy one craft activity for £1 and get a second one FREE!**

**Or buy two for £2 and enjoy four activities altogether!**



There's plenty to choose from, including:

-  Make your own underwater snow globe
-  Build a pirate ship
-  Create your own Jolly Roger flag
-  Make a sea-creature wax-rubbing book
-  Build a Viking longship
- ...and lots more!

There's **no need to book**. Simply turn up on the day, tell our friendly team which school you attend, and we'll take care of the rest.

So why not come along, get creative and enjoy a little maritime adventure this half term?

**Saturday 31 October – Dive In! Yarmouth**

We look forward to seeing you there!

## Parent and Caregiver Peer Support Sessions

11<sup>th</sup> June 2026 (9am – 11am) Cowes Family Centre

16<sup>th</sup> July 2026 (9am – 11am) Carisbrook & Gunville Church

16<sup>th</sup> September 2026 (9am – 11am) Ventnor Family Centre

16<sup>th</sup> October 2026 (9am – 11am) Sandown Family Centre

18<sup>th</sup> November 2026 (9am – 11am) Carisbrook & Gunville Church

13<sup>th</sup> January 2027 (9am – 11am) Carisbrook & Gunville Church

10<sup>th</sup> February 2027 (9am – 11am) Carisbrook & Gunville Church

Isle of Wight  
**Neurodiversity**  
Team



Drop in for a chat, a cuppa and shared experiences

No booking needed



**Cowes Family Centre –**  
Love Lane, Cowes PO31 7ET  
**Carisbrook & Gunville Church**  
Gunville Road, Newport  
PO30 5LS  
**Ventnor Family Centre**  
Albert Street, Ventnor PO38 1EZ  
**Sandown Family Centre**  
The Fairway, Sandown PO36 9EQ

Isle of Wight Council **BEST START IN LIFE**

*You're Invited*

REOPENING OF  
**COWES FAMILY CENTRE**

SUPPORTING FAMILIES and STRENGTHENING COMMUNITIES

*Come and celebrate with us!*

**VENUE**  
Cowes Family Centre, Love Lane, Cowes

**DATE**  
Tuesday, October 20, 2026 at 10:00 AM

**PROGRAMME**  
**Session one (Families)**  
 10:00am to 12:00pm  
 Ribbon cutting ceremony  
 hosted by Councillor Freeman  
 10:30am  
**Session two (Professionals)**  
 1:00pm to 3:00pm

Find out more on the  
Isle of Wight Family Information Hub What's On  
<https://tinyurl.com/2c964zbz>

Join us from 11<sup>th</sup> September – 24<sup>th</sup> October for the  
Island's 6-week celebration of creativity and culture

**CAN YOU HEAR US?**

We're talking theatre, carnival, music, food,  
nature, craft and stories

Free activities available to book now at  
[canyouhear.us.uk](http://canyouhear.us.uk)

Supported and funded by  
**ARTS COUNCIL ENGLAND**

**CREATIVE ISLAND**

**COWES**  
ENTERPRISE COLLEGE  
AN ORMISTON ACADEMY

# Open Evening

Do you have a child currently in Year 5 or Year 6?

Come and discover what makes Cowes Enterprise College such a great place for your child to learn, grow and thrive.

**Thursday 15<sup>th</sup> October 5 - 8pm**



Meet our Senior Leaders  
Presentations at 5.15, 6.15 and 7.15pm



Experience lesson activities



Explore our academy



Meet our teachers

All welcome!



**Family Hubs**  
Isle of Wight

## Parenting Puzzle and Nurturing Programme

Spaces Available click the link or scan the QR code

**Both courses can help you:**

- Understand your child's emotional needs
- Build stronger communication and connection
  - Manage behaviour positively
- Feel more confident in your parenting

**Parenting Puzzle - 4 sessions** for parents and carers only whose children are aged **3 to 5 years**.  
Tuesday mornings – starting **22<sup>nd</sup> September**  
Online via Teams

**Nurturing Programme - 8 sessions** for parents and carers only whose children are aged **5 to 13 years**.  
Monday mornings – starting **21<sup>st</sup> September**  
At Ryde Family Hub  
<https://nurturingprogramme21sept.eventbrite.co.uk>

<https://ParentingPuzzle22ndSept.eventbrite.co.uk>




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**BEST OF BOTH WORLDS** | **HEALTHY BABIES** | **Isle of Wight Council**

# SWIMMING FOR ALL!

## FUN HOUR

- Sundays
- 10am
- £4.80 per person

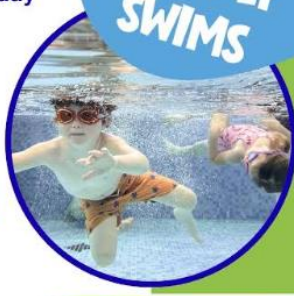
Under 4's go FREE

## CASUAL SWIM

- Saturday and Sunday
- 2pm
- Adults - £6.90
- Under 21 - £3.20

### FAMILY FRIENDLY SWIMS

**Book Now**



**West Wight**  
Sports & Community Centre  
Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168  
[www.westwight.org.uk](http://www.westwight.org.uk)  
E-mail: [info@westwight.org.uk](mailto:info@westwight.org.uk)

Reg. Charity No. 473114

# After School

## POTTERY CLUB

Starting Friday 11<sup>th</sup> September  
4pm - 5.30pm

**6WKS £108**

6 week course includes pottery wheel, sculpting & painting. Children will learn a variety of skills & glazing & firing of all work is included in the price

**BOOK NOW**

[WWW.ISLEOFWIGHTPOTTERY.COM](http://WWW.ISLEOFWIGHTPOTTERY.COM)




**UCanPlay**  
Girls' Football

**OCTOBER FOOTBALL CAMPS**  
2 days. Football. Fun. Development.

Join us for our October half term football camps at Barton Primary School! A full day of **girls-only** football, packed with games, challenges, competitions and plenty of time with the ball.

- Lots of football & small-sided games
- Skills, challenges & competitions
- Finishing & attacking activities
- Player of the Day & Rising Star awards
- All abilities welcome - whether your daughter plays every week or is just starting out

**BOOK NOW**  
Limited spaces available!

**DATES**  
Friday 23rd & 30th October

**LOCATION**  
Barton Primary School

**TIME**  
10:00 - 15:00

**AGES**  
School Years 4-7

**PRICE**  
£20 per day or £30 for both Fridays

**UCanPlay Girls' Football**

*All abilities welcome*

*Football for every girl.*

**U8s & U10s Girls**  
School years 2,3,4&5

**WIGHT EAGLES F.C.**

**U8s FREE UNTIL THE END OF 2026**

**U10s First two sessions FREE**

**Join us at**  
**the Bay Secondary school**  
**Sandown Thursdays 5.30-6.30**  
Contact [wighteaglesfc@gmail.com](mailto:wighteaglesfc@gmail.com)

**SANDOWN SUNDAY SOCCER**

**Sandown Soccer**  
Love The Game

**INTRODUCING OUR FUN FOOTBALL SESSION AT THE BAY PRIMARY SCHOOL SANDOWN!**

**OUR FUN SESSION WILL BE:**  
Every Sunday 10am-12pm  
at The Bay Primary School,  
Winchester Park Road, Sandown.  
£6 for the 2 hours per child.

**To Book:** Text your child's name, school, year group and parent name to **07594 389531**

**Find us on facebook**  
Sandown Soccer - Isle of Wight

**DOES YOUR CHILD ENJOY BEING ACTIVE AND HAVING FUN?**

**IS YOUR CHILD TOO YOUNG TO JOIN A TEAM?**

**DOES YOUR CHILD WANT TO BUILD THEIR CONFIDENCE IN A SPORTING ENVIRONMENT?**

**DOES YOUR CHILD WANT TO PLAY FOOTBALL BUT NOT IN A TEAM YET?**

IF YOU'VE ANSWERED YES TO ANY OF THOSE QUESTIONS, WE'VE GOT THE PERFECT SOLUTION! WE PROVIDE A SAFE, ENJOYABLE AND NON-COMPETITIVE ENVIRONMENT WHERE CHILDREN CAN HAVE FUN WHILST DEVELOPING AND IMPROVING THEIR FOOTBALL SKILLS.

**OURS AIMS ARE:**

- TO ALLOW CHILDREN TO HAVE FUN THROUGH FOOTBALL
- TO IMPROVE CONFIDENCE AND SOCIAL SKILLS.
- TO LEARN AND IMPROVE BASIC FOOTBALL SKILLS. CONTROL, PASSING, DRIBBLING.
- TO DEVELOP AGILITY, BALANCE, CO-ORDINATION, SPEED (A.B.C'S).

Our fully FA qualified coaches have up to date First Aid training and are DBS checked. Each session will be packed full of fun games played in teams, and as individuals, to help children build friendships as well as independence.

**To Book:** Text your child's name, school, year group and parent name to **07594 389531**

**WESTOVER**  
FARM PUMPKINS

# PUMPKIN PATCH

Free entry & parking | Pick your own pumpkins  
Photo opportunities | Refreshments  
Kids activities | Face painting | The Play Patch



9.30am - 4.30pm  
3<sup>rd</sup> & 4<sup>th</sup> Oct  
9<sup>th</sup> - 11<sup>th</sup> Oct  
16<sup>th</sup> - 20<sup>th</sup> Oct  
23<sup>rd</sup> - 27<sup>th</sup> Oct  
30<sup>th</sup> & 31<sup>st</sup> Oct

Please note different opening times  
Fri 9<sup>th</sup> & 16<sup>th</sup> 12-4pm  
Sat 3<sup>rd</sup> & 10<sup>th</sup> 9.30am - 7pm

Follow us on  
social media for  
more updates  
including closures  
in bad weather  
@WestoverFarmIW

info@westover-farm.co.uk  
Westover Farm, Calbourne, PO30 4JW

**WESTOVER**  
FARM PUMPKINS

# PUMPKIN PATCH PLAYTIME FOR LITTLE PUMPKINS

Friday mornings  
are for little pumpkins!

Friday 9<sup>th</sup> & 16<sup>th</sup> October  
10am - 12pm

Tickets cost £12 and include:  
Hot chocolate  
Pumpkin storytime  
Autumn crafts  
Patch activities

Advance booking only, to book  
please visit: <https://westover-farm-pumpkins.sumupstore.com/>

Westover Farm, Calbourne, IW. PO30 4JW  
@WestoverFarmIW