Newsletter Thursday 5th November 2026

The purpose of the Federation of the Church Schools of Shalfleet and Freshwater & Yarmouth is to educate children in an atmosphere of Christian love where all achieve the very best they can, now and throughout their lives.

www.fosay.co.uk

Headteacher: Mrs. E Grainger

Deputy Headteacher: Mrs. G Westhorpe

Attendance

Target – 100 %

Last week 92.09%

This Year – 95.6%

Over a school year, we are due to open for 190 days which equates to 380 sessions with registration in the morning at 8.35am and after lunch in the afternoon.

Attendance is affected if a pupil is not present at school for any whole session including registration.



Dates for your Diary

Friday 6th November - Sharing Worship Year 5

Monday 9th November – Year R Trip

Wednesday 11th November – Year 2 Trip

Friday13th November – Sharing Worship Year 4

Friday 27th November – Sharing Worship Year 3

Friday 4th December – Christmas Tree Decoration Worship 2pm

Friday 11th December – Christingle times TBC

Friday 18th December – Christmas Worship @ 2pm

Weather

As we move into the winter months, the weather can be very changeable, with colder temperatures and rain and. Please ensure that your child comes to school each day with a warm, waterproof coat (and a hood if possible), so they are prepared for all types of weather. We aim to get the children outside whenever possible, whatever the weather!

School Details

Email – shalfleet@fosay.co.uk

Phone – 01983 760269

Website – fosay.co.uk

Menu

Week 1 – 2nd November 2026

Monday – Cheese & Tomato Pizza or Spicy Tomato Pasta

Chocolate Cookie

Tuesday – IOW Pork Beef Burger or Chinese Vegetable

Apple & Berry Crumble

Wednesday – Roast Pork or BBQ Quorn

Chocolate Fudge Cake

Thursday – Chili Mac & Cheese or Beany Pasta Bake

Strawberry Ice Cream

Friday – Fish Fingers or Quorn Dippers

Lemon & Courgette Cake

Jacket potatoes and pasta are available every day.

Baguettes are available on Tuesdays and Thursdays

'Let everything that has breath praise the Lord'

Psalm 150:6

Our Mission Statement

We value and respect everyone within an atmosphere of Christian love. Our welcoming community builds strong relationships and is dedicated to supporting everyone to flourish academically, emotionally, socially and culturally through an excellent and engaging curriculum.

Our Values

Our three R's are incredibly important to us. They represent qualities we believe everyone can identify with, regardless of age or role in our conscious community. They are the backbone to the conscious community as a whole.

The Conscious Community

Every person in our federation – including you and all adults – has an important responsibility. That is to be the best you can be. To do this you need to be aware of all that you do and feel; you also need to be aware of what others are doing and feeling too. This is what being in a conscious community is all about.

Conscious = Aware **Community = All together**



RESPECT



RESILIENCE



RELATIONSHIPS

Dear Parents/Carers,

We have had an increasing number of parents who arrive at school to speak to a member of staff without an appointment. This inevitably causes some upset if the member of staff is unavailable due to other commitments. To avoid this, please call school ahead of any visit to arrange a meeting. Our support/pastoral staff have multiple meetings and commitments every day; whilst they always do their level best to accommodate you, they do need advance notice of any visits or meetings.

We also understand that sometimes emergencies happen that can delay you from collecting your child at the end of their school day if this should occur, we ask that you contact the school office as soon as possible to inform us of your delay. Children not collected by 3.15pm will be taken to After School Club.





Gold Awards will continue next week……





Free School Meals
The Government has changed the eligibility criteria for Free School Meals (FSM).
From the 2026–2027 academic year, children living in households receiving Universal Credit may now be eligible for Free School Meals.
We are encouraging all families receiving Universal Credit to apply, even if your child is currently in Reception, Year 1 or Year 2.
Applying will ensure that your child's eligibility is recorded correctly and that your family receives any support you may be entitled to.
Please apply through the Isle of Wight Council Free School Meals portal using the link: https://www.iow.gov.uk/article/2436/Free-school-meals

Holiday Club

From May half term onwards, the holiday club hourly rate will increase to **£5.50 per hour**. This increase helps us cover rising staffing costs and continue providing a high-quality provision for the children. Thank you for your understanding and cooperation.

Class Attendance last week

Well done to Year 5 for receiving 97.37% **attendance** for last week.

Well done everyone!





Birthdays

1st – 6th November

Jayden

Lola

Happy birthday to you!

Sports Tokens

Osbourne - 20

Lifeboat - 23

Needles – 22

Lighthouse – 26

Well done to **Lighthouse** for collecting the most tokens this week.

Well done!

WE ARE A NUT FREE SCHOOL

Please can we remind you that we are a nut free school.

Please do not give your child any nut containing products for their snack or in their lunch box. This includes Nutella or any other chocolate nut spreads and Kinder Bueno bars.

Central Discos
"Entertainment that hits the target every time"
State of the art lighting effects
Full Public Liability Insurance
All events covered
Wedding Specialists
Tel: 01983 754050
www.centraldiscos.net

24 APPS PARENTS NEED TO KNOW ABOUT



This list is not exhaustive, and will be updated each year to reflect new risks and dangers

THESE APPS CAN EASILY BE USED AS GROOMING TOOLS BY ONLINE PREDATORS LOOKING TO MEET UP & SEXUALLY ABUSE CHILDREN. (UPDATED 2021)

FACEBOOK

FACEBOOK allows you to connect with others and share comments, photos and videos. You can add friends, write on people's pages and posts, join groups and play games.

SNAPCHAT

SNAPCHAT Is one of the most popular apps in recent years. Whilst the app promises that photo's, videos and stories disappear, others can take screenshots of private photo's.

INSTAGRAM

INSTAGRAM Kids are creating fake accounts to hide content from their parents, according to police. Messages are also deleted once a user leaves a conversation.

WHATSAPP

WHATSAPP allows you to send messages, images and videos in 121 and group chats with your contacts. You can choose to share your live location for up to eight hours with one contact or a group.

KIDSCHAT

KIDSCHAT.NET is a free online messaging app for children. You can talk to people you don't know on public forums and via private message. You can access the site as a guest.

SKYPE

SKYPE is a platform and app that lets you make audio and video calls to other people around the world. You can also send instant messages.

WHISPER

WHISPER is an anonymous social media app that promotes sharing personal secrets with strangers, (new people). It reveals a users location so people can meet up

CALCULATOR %

CALCULATOR % is only one of SEVERAL social media apps disguised as a calculator, the app is actually a secret photo vault to hide photos, videos, files and browser history.

HOT ON NOT

HOT ON NOT Strangers rate a user's 'attractiveness' with the aim of real-world meet ups in your local area.

ASK.FM

ASK.FM An app where users can anonymously ask questions and receive answers. The app has been featured in a number of cyber bullying cases.

YUBO

YUBO Similar to Tinder, the app is designed to allow teens to flirt with each other.

KIK MESSAGING Kik

KIK MESSAGING Kik is a messaging app that allows content normally filtered on a home computer.

BURN BOOK

BURN BOOK Anonymous rumours can be posted about people through audio messages, texts and photos.

WISHBONE

WISHBONE This app allows users to compare kids and rate them on a scale.

GRINDR

GRINDR Is a dating app geared towards gay, bisexual and transgender people. The app allows people to chat, share and meet up in person based on a GPSS location.

SKOUT

SKOUT is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

MEET ME

MEET ME Is a dating social media app that allows users to connect with people based on geographic proximity. The app encourages people to meet in person.

TIK TOK

TIK TOK Is one of the most popular apps in recent years used for sharing short videos with very limited privacy controls users are vulnerable to explicit material.

TELLOYMN

TELLOYMN anonymous messenger app. It calls itself "the most honest place on the internet." Age controls are inconsistent and sexual explicit material can be found.

Zoomerang

Zoomerang Is a popular app that looks like a harmless messaging app however it allows private anonymous messaging and is location enabled.

BUMBLE

BUMBLE is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts

FACEBOOK MESSENGER

FACEBOOK MESSENGER Is one of the most popular message apps in the world. It has already heavily been used by predators and the end-to end encryption will make it even more unsafe.

BADOO

BADOO is a location based dating app and website. Whilst people under 17 are unable to share private photo's, Children can easily create fake accounts.

OMEGLE

OMEGLE is a video chat website where users are matched randomly with strangers.

#CHILDABUSEHELP
CHILD ABUSE RESOURCES
WWW.CHILDABUSEHELP.ORG.UK

NSPCC HELPLINE
0800 800 5000

NNECA
NATIONAL NETWORK TO END CHILD ABUSE
WWW.NNECA.ORG.UK

Healthy Lunchboxes & Nut-Free Reminder 🥪🍎

We love seeing the variety of lunch boxes that come into school each day and we really appreciate the care you take in preparing them. A healthy, balanced lunch helps children stay focused, energised and ready to learn throughout the afternoon.

We encourage lunchboxes to include a mix of foods such as fruit or vegetables, whole grain options and healthy snacks, while keeping sugary treats to a minimum. These small choices can make a big difference to your child's wellbeing.

We would also like to remind everyone that we are a **nut-free school**. This helps us keep all children safe, particularly those with severe allergies. Please check labels carefully and avoid sending any products that contain nuts or nut traces.

If you would like some healthy ideas, please do visit the link below 'Lunch boxes don't have to be stressful'

https://simplyveg.vegpower.org.uk/your-food/love-your-lunchbox/

Thank you for your continued support and cooperation. Together, we can promote healthy habits and maintain a safe, caring environment for all our children.

Universal Free School Meals – Years R, 1 and 2

All children in Reception, Year 1 and Year 2 are entitled to a Universal Free School Meal every school day. This government-funded offer means your child can enjoy a nutritious, freshly prepared lunch at no cost to families. [iow.gov.uk], [gov.uk]

Our school meals are provided by Chartwells, who specialise in creating nutritious, appetising meals that children enjoy, while meeting national nutritional guidelines. Each day, children can choose from:

- A main hot meal
- A vegetarian option
- A pasta dish

All meals are served with a pudding and a choice of water or milk. On Tuesdays and Thursdays, there is also a popular baguette option available, giving children even more choice and variety at lunchtime.

Universal Free School Meals are a great opportunity for children to try new foods, enjoy a balanced meal and eat together with their friends in a positive, social setting.

Important Reminder – Applying for Free School Meals (FSM)

Although all children in Years R–2 receive a free meal automatically, **parents should still apply for Free School Meals if they think they may be eligible**. The rules for applying have recently been updated, and registering can help the school access additional funding to support pupils (Pupil Premium). [iow.gov.uk]

If you are unsure whether you qualify, we strongly encourage you to apply – it could make a real difference.

Thank you for your continued support in helping us provide healthy, enjoyable meals for all our children.



Isle of Wight Secondary Colleges and 6th Form
2026-27 Open Day/Evening dates
(as at 8/6/2026)

School/College	Date	Time
Carisbrooke College	29 September 2026 6, 7, 8 October 2026	Year 6 open evening: 5-8pm Tours of the school @ 10.45am To book: donna.godfrey@carisbrooke.iow.sch.uk
Christ the King College	17 September 2026 11 November 2026	Year 6 open evening: 5.30-7.30pm 6th Form open evening: 5.30-7.30pm
Cowes Enterprise College	15th October 2026 9 November 2026 – 11 December 2026	Year 6 open evening: 5-8pm 6th Form Open Month
Island Free School	10 October 2026	Y6 open day: 09.30-1pm Headmaster's Talks at 10am, 11am and 12noon
Medina College	22 September 2026 29 September 2026 8 October 2026 13 October 2026	Year 6 open evening: 5-8pm } Open mornings 9.30-12noon
Lift Ryde	7 October 2026 10 October 2026 18 November 2025	Y6 & Y5 Open Evening Quiet School Tours and meet the Headteacher sessions 6th Form Open Evening
Ryde School	3 October 2026	Y6 and 6th Form Open Morning: 10-12.30pm
St George's School	7 October 2026	Open event: tours between 3.30pm and 4.30pm Please note that the child MUST have an EHCP as an admissions criterion **Please call St George's to book a place**
The Bay CE School	1 October 2026	Y6 Open Evening: 5-7.30pm
The Island VI Form	12 November 2026	VI Form open evening: 5-8pm
The Isle of Wight College	17 September 2026 7 November 2026	5-7pm Open Evening 10am-1pm Open Day
The Priory School of our Lady Walsingham	n/a	Don't hold open days. Ring up to make an appointment for a show round. Tel: 861222 or email: mail@prioryschool.org.uk